

Forschungszentrum für das Kind FZK





Neurodevelopmental outcome of infants with congenital heart disease

Bea Latal, Child Development Center

Annual Meeting of the SSN Biel 24.05.2022





Latal B. Clinics in Perinatology 2016

10 year outcome: REACHOUT Study

- Higher rate of ADHD, social interaction problems
- 24% combination of ADHD-related symptoms and social interaction problems
- Predictors: lower child IQ and poorer maternal mental health at 4 years of age Werninger et al. 2020 Frontiers in Pediatrics | www.frontiersin.org
- -Lower IQ and rate of regular school (82.4% versus 97%)
- -Lower socioeconomic status and longer hospital stay predict IQ

Spillmann et al. 2021 Pediatric Research; https://doi.org/10.1038/s41390-021-01853-

- -Higher rate of motor and visuomotor problems
- -associated with more internalizing behavioral problems

Teixeira et al. Cardiology in the young 2021 : 10.1017/S1047951121004145



Combination of ADHD-related symptoms and social interaction problems



FIGURE 3 Overview of parent-reported abnormal behavior across questionnaires and comorbidities (N = 88). In Conners-3, 43 children had 2 or more subscales scoring outside the normal range, of which 77% included the subscales "inattention" and/or "hyperactivity/impulsivity".

SDQ: strength and difficulties questionnaire SRS: Social responsiveness scale Conners: behavioral questionnaire

Werninger et al. 2020 Frontiers in Pediatrics | www.frontiersin.org



Long-term development into adolescence

- Persistent intellectual deficits
- Visual-spacial processing problems
- Language problems
- Fine motor and visuoperceptual difficulties
- Social cognition deficits
- Executive function impairment

Bellinger et al. Circulation 2011, von Rhein 2013, Schäfer et al. DMCN 2013, Cassidy et al. JINS 2017, Rollins et al. J Pediatr 2014,Bean Jaworski et al. Chid Neuropsychology 2017



Executive function: higher order cognitive function





6

Cognitive and Executive Function in Congenital Heart Disease: A Meta-analysis

Maria Feldmann, MD, PhD,^{a,b,*} Célina Bataillard,^{a,b,*} Melanie Ehrler,^{a,b} Cinzia Ullrich,^{a,b} Walter Knirsch, MD,^{b,e} Martina A. Gosteli-Peter, PhD,^c Ulrike Held, PhD,^{d,**} Beatrice Latal, MD, MPH^{a,b,**}

Author and Year	Ν	Test	Sub	Age, y	SMD EF	SMD (95% CI)
Working memory						
Calderon 2012.6	45	Corsi Block-Tapping test > BEM-144 blocks	TGA	5	⊢	-0.46 (-0.88 to -0.04)
Calderon 2012.5	45	WISC-IV > Digit Span	TGA	5	·	-0.31 (-0.73 to 0.10)
Sterken 2016.5	100	ANT > Working memory reaction time	mixed	7.2		-0.12 (-0.42 to 0.19)
Calderon 2010.6	21	Corsi Block-Tapping test > BEM-144 blocks	TGA	7.3		-0.92 (-1.56 to -0.28)
Bergemann 2015.5	21 40	Corsi Block–Tapping test > Block span (short term)	HLHS	7.3		-0.28 (-0.74 to 0.18)
Schäfer 2013	59	WISC-IV > Working memory index	mixed	13.6		-0.84 (-1.26 to -0.42)
Cassidy 2017.4	91 66	WISC-IV > Working memory index Childrens Memory Scale > Sequences	TOF	14		-0.65 (-0.94 tb -0.37) -0.74 (-1.10 tb -0.38)
Cassidy 2017.3	66	Childrens Memory Scale > Numbers	TOF	14.7		-0.66 (-1.02 to -0.30)
Cassidy 2017.2 Cassidy 2017.1	138 138	Childrens Memory Scale > Sequences Childrens Memory Scale > Numbers	TGA	16.1		-0.72 (-1.03 to -0.41) -0.91 (-1.22 to -0.59)
Murphy 2017	18,000	WISC-IV > Working memory index	mixed	16.1		-0.51 (-1.17 to 0.16)
Random effects model (Q = 34.45, df =	= 13, <i>p</i> = .001; I ² = 62.3%, H ²	= 2.7)			•	-0.55 (-0.75 to -0.36)
Inhibition						
Calderon 2012.4 Calderon 2012.3	45	Animal Stroop test > Incongruent stroop, reaction time Animal Stroop test > Incongruent stroop, number of errors	TGA	5		-1.03 (-1.47 to -0.59) -1.11 (-1.56 to -0.67)
Calderon 2012.2	45	Nepsy-I > Knock and tap	TGA	5		-0.80 (-1.23 to -0.37)
Sterken 2016.4	100	ANT > Inhibition, number of errors	mixed	7.2		-0.00 (-0.30 to 0.30)
Calderon 2010.4	21	Nepsy-I > Statue (Nepsy)	TGA	7.2		-1.10 (-1.76 to -0.45)
Calderon 2010.3	21	Animal Stroop test > Incongruent stroop, number of errors	TGA	7.3		-1.41 (-2.09 to -0.73)
Sarrechia 2016.6	21 46	Nepsy-II > Inhibition	ASD/VSD	9		0.00 (-0.56 to 0.56)
Sarrechia 2016.5	17	Nepsy-II > Inhibition	UVH	9.1		-0.40 (-1.08 to 0.28)
Pandom effects model ($\Omega = 43.77$ df -	$= 10 \ n < 0001 \ l^2 = 77.2\%$	$^{2} = 4.4$	mixed	9.8		-0.41(-0.81 to -0.01)
Elevibility	= 10, p < .0001, 1 = 77.2 %, 11	(= 4.4)				
Calderon 2012 1	45	Dimensional Card Sorting Test > Dimensional Card Sorting Test	TGA	5		-0.65 (-1.08 to -0.23)
Sterken 2016.2	100	ANT > Flexibility reaction no of errors	mixed	7.2	· ⊢•	-0.50 (-0.81 to -0.19)
Sterken 2016.1 Bergemann 2016.4	100	ANT > Flexibility reaction time ms	mixed	7.2		-0.14 (-0.44 to 0.16)
Bergemann 2015.3	9	Regensburg Word Fluency Test > Semantic shift	HLHS	7.7		-0.19 (-1.09 to 0.72)
Sarrechia 2016.4	46	Nepsy-II > Design fluency	ASD/VSD	9		-0.58 (-1.14 to -0.01)
Sarrechia 2016.2	17	Nepsy-II > Design fluency	UVH	9.1		-0.69 (-1.39 to 0.00)
Sarrechia 2016.1	17	Nepsy-II > Response set	UVH	9.1		-0.48 (-1.17 to 0.20)
Venchiarutti 2019.5 Venchiarutti 2019.4	15	Nepsy-II > Inhibition-Switching	mixed	9.8		-0.84 [-1.49 to -0.19]
Venchiarutti 2019.3	14	Nepsy-II > Response set	mixed	9.8		-0.84 (-1.50 to -0.18)
Cassidy 2015.30	17 140	D-KEFS > Sort Recognition	UVH	9.8 14.4		-0.27 (-0.85 to 0.32) -1.06 (-1.33 to -0.78)
Cassidy 2015.29	140	D-KEFS > Conf. Correct Sorts	UVH	14.4	·	-0.64 (-0.90 to -0.37)
Cassidy 2015.28 Cassidy 2015.27	140	D-KEFS > Dot Switching D-KEFS > Total Consec. Correct	UVH	14.4		-0.86 (-1.13 to -0.60) -1.27 (-1.55 to -0.99)
Cassidy 2015.26	140	D-KEFS > Cat. Switch Correct	UVH	14.4	· . ·	-0.59 (-0.85 to -0.33)
Cassidy 2015.25 Cassidy 2015.24	62	D-KEFS > Sort Recognition	TOF	14.7		-0.74 (-1.06 to -0.41) -0.90 (-1.23 to -0.57)
Cassidy 2015.23	62	D-KEFS > Dot Switching	TOF	14.7		-0.71 (-1.04 to -0.39)
Cassidy 2015.22 Cassidy 2015.21	62	D-KEFS > Total Consec. Correct	TOF	14.7		-0.93 (-1.27 to -0.60) -0.68 (-1.00 to -0.35)
Cassidy 2015 20	128	D-KEFS > Sort Recognition	TGA	16.1		-0.95 (-1.23 to -0.68)
Cassidy 2015.19	128	D-KEFS > Conf. Correct Sorts	TGA	16.1		-0.87 (-1.14 to -0.60)
Cassidy 2015.17	128	D-KEFS > Total Consec. Correct	TGA	16.1		-1.00 (-1.28 to -0.72)
Cassidy 2015.16	128	D-KEFS > Cat. Switch Correct	TGA	16.1		-0.77 (-1.04 to -0.50)
Handom effects model ($Q = 72.65$, df =	= 27, p < 0.0001; T = 62.8%, T	$\Pi = 2.7)$				-0.30 (-0.74, -0.42)
Fluency		Describer World Description Date Complete Rest (Higher)				0.001.0001.0000
Bergemann 2015.2 Bergemann 2015.1	39 39	Regensburg Word Fluency Test > Semantic (bods/drinks) Regensburg Word Fluency Test > Semantic (animals)	HLHS	7.7 7.7		-0.18 (-0.64 to 0.29) -0.26 (-0.72 to 0.20)
Cassidy 2015.15	140	D-KEFS > Empty Dots	UVH	14.4		-0.70 (-0.96 to -0.44)
Cassidy 2015.14 Cassidy 2015.13	140	D-KEFS > Filled Dots D-KEFS > Category Fluency	UVH	14.4		-0.62 (-0.88 to -0.36) -0.49 (-0.75 to -0.23)
Cassidy 2015.12	140	D-KEFS > Letter Fluency	UVH	14.4	, F , F	-0.60 (-0.86 to -0.34)
Cassidy 2015.11 Cassidy 2015.10	62	D-KEFS > Empty Dots	TOF	14.7		-0.73 [-1.06 to -0.41) -0.64 (-0.96 to -0.31)
Cassidy 2015.9	62	D-KEFS > Category Fluency	TOF	14.7	·	-0.53 (-0.85 to -0.21)
Cassidy 2015.8 Cassidy 2015.7	62	D-KEFS > Letter Fluency	TOF	14.7		-0.67 (-0.99 to -0.34) -0.37 (-0.64 to -0.11)
Cassidy 2015.6	128	D-KEFS > Filled Dots	TGA	16.1	· · · · · · · · · · · · · · · · · · ·	-0.13 (-0.40 to 0.13)
Cassidy 2015.5 Cassidy 2015.4	128	D-KEFS > Latter Elvency	TGA	16.1		-0.58 (-0.84 to -0.31)
Random effects model (Q = 26.46, df =	= 13. $p = .015$; $l^2 = 50.9\%$, H^2	= 2.0)	TGA	16.1		-0.49 (-0.62 to -0.36)
Planning					•	
Calderon 2010.1	21	Tower of London > Tower	TGA	7.3		-0.75 (-1.38 to -0.13)
Miatton 2007	43	Nepsy-I > Tower	mixed	8.7		-0.57 (-1.00 to -0.13)
Venchiarutti 2019.1	15	Nepsy-II > Clocks	mixed	9.8		-1.28 (-1.96 to -0.60)
Cassidy 2015.3	140	D-KEFS > Tower, total achievement score	UVH	14.4		-0.66 (-0.92 to -0.40)
Cassidy 2015.2 Cassidy 2015.1	128	D-KEFS > Tower, total achievement score D-KEFS > Tower, total achievement score	TGA	14.7		-0.64 (-0.96 tb -0.31) -0.29 (-0.55 to -0.03)
Random effects model (Q = 9.62, df =	6, $p = .14$; $l^2 = 37.7\%$, $H^2 = 1$.6)			•	-0.66 (-0.89 to -0.44)
		2				
Random effects model for all studies (Q = 206.20, df = 73, p < .0001	1; I ^{<i>e</i>} = 64.5%)			•	-0.56 (-0.65 to -0.46)
					-2.5 -2 -1.5 -1 -0.5 0 0.5 1 1.5	

75

Educational achievement and QoL in adolescence and adulthood

- Educational and academic achievement similar to peers or controls
 Patients with severe CHD have lower educational achievement
- Good quality of life during adolescence and adulthood, irrespective of country
- Poorer physical quality of life in association with severe CHD

Pfitzer et al. Early Human Development 2019 Schäfer et al. Cardiology in the Young 2015 Apers und Kovacs, JACC 2016 Rometsch et al. European Heart Journal 2018



Adult outcome of patients with CHD



Kessler et al. Intern. Journal of Cardiology 2020

Schlosser et al. 2021 Cardiology in the Young, doi: 10.1017/ S1047951121002705



Risk factors for neurodevelopmental impairments

- Genetic comorbidity
- Complexity of CHD
- Lower birth weight
- Male gender
- Neonatal status at surgery
- Postoperative ECMO/VAD
- Longer lenght of hospital stay
- Lower socioeconomic status/maternal education

The International Cardiac Collaborative on Neurodevelopment. 2016: <u>http://dx.doi.org/10.1016/j.athoracsur.2016.05.081</u>





12

Socioeconomic status and IQ







Socioeconomic status and IQ



Neukomm A, et al. under review J Pediatr

Naef et al. Journal of Pediatrics 2019



Socially stimulating parental environment and IQ



Bonthrone A, et al. Infancy. 2020;26:184–199







Ariane Marelli et al. Circulation. 2016;133:1951-1962



Implications for health care providers: Follow-up programs and register

- Early detection of neurodevelopmental impairments allows for early intervention in the respective developmental domain
- -Quality control and potential for improvement
- -Parental counselling and guidance
- -Anticipating of neurodevelopmental difficulties





Cardiology in the Young

cambridge.org/cty

Original Article

Cite this article: Ware J, Butcher JL, Latal B, Sadhwani A, Rollins CK, Brosig Soto CL, Butler SC, Eiler-Sims PB, Ullman Shade CV, and Wernovsky G (2020) Neurodevelopmental evaluation strategies for children with congenital heart disease aged birth through 5 years: recommendations from the cardiac Neurodevelopmental evaluation strategies for children with congenital heart disease aged birth through 5 years: recommendations from the cardiac neurodevelopmental outcome collaborative

Janice Ware¹, Jennifer L. Butcher², Beatrice Latal^{3,4}, Anjali Sadhwani⁵, Caitlin K. Rollins⁶, Cheryl L. Brosig Soto⁷, Samantha C. Butler⁵, Patricia B. Eiler-Sims⁸, Catherine V. Ullman Shade⁹ and Gil Wernovsky^{10,11,12}



Figure 1. Congenital heart disease neurodevelopmental assessment domains for birth through 5 years of age. *Denotes extended battery

Which?

Table 3.Categories of Pediatric CHD Patients at High Riskfor Developmental Disorders or Disabilities

- 1. Neonates or infants requiring open heart surgery (cyanotic and acyanotic types), for example, HLHS, IAA, PA/IVS, TA, TAPVC, TGA, TOF, tricuspid atresia.
- 2. Children with other cyanotic heart lesions not requiring open heart surgery during the neonatal or infant period, for example, TOF with PA and MAPCA(s), TOF with shunt without use of CPB, Ebstein anomaly. Hybrid approach
- 3. Any combination of CHD and the following comorbidities:
 - 3.1. Prematurity (<37 wk)
 - 3.2. Developmental delay recognized in infancy
 - 3.3. Suspected genetic abnormality or syndrome associated with DD
 - 3.4. History of mechanical support (ECMO or VAD use)
 - 3.5. Heart transplantation
 - 3.6. Cardiopulmonary resuscitation at any point
 - 3.7. Prolonged hospitalization (postoperative LOS >2-wk in the hospital)
 - 3.8. Perioperative seizures related to CHD surgery
 - 3.9. Significant abnormalities on neuroimaging or microcephaly*
- 4. Other conditions determined at the discretion of the medical home providers

Circulation. 2012;126:1143-1172



Switzerland:

Swiss Orchid Swiss neurodevelopmental Outcome Registry for CHIIdren with severe congenital heart Disease

Infants with CHD undergoing cardiac intervention within the first 6 weeks of life

Natterer et al. A national neurodevelopmental Outcome Registry for CHIIdren with severe congenital heart Disease (ORCHID) in Switzerland – framework, regulations and implementation, under revisions Swiss Medical Weekly



Summary

Increased risk for neurodevelopmental impairment in children with CHD

Highest risk: severity of CHD, genetic comorbidities, low SES

Persistence into adolescence and adulthood

Problems may become apparent at school-age or later Standardized FU programs necessary for quality control and improvement

