

PROGRAM

16th Women's Health Congress

Thursday January 16, 2020

Wednesday January 15, 2020

- Board Meetings
 - General Assemblies
 - SSRM – Workshop Fertiforum + SAPGG
 - SWICE Scientific Meeting
-



CHUV LAUSANNE
Auditoire Mathias Mayor
Rue du Bugnon 46 – 1011 LAUSANNE

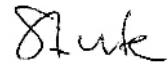
Dear colleagues,

We are delighted to welcome you in Lausanne for the 16th Women's Health Congress!

Like every year, the Swiss Society of Reproductive Medicine and the Swiss Society of Menopause are meeting for their general assembly and board meeting as well as to discuss important topics. The FIVNAT member meeting is also an important part of the Congress.

This year we will focus on the potential risks of electromagnetic radiation. The benefits and the risks of the recently modified Swiss law regulating reproductive medicine will also be discussed. The challenge and the solutions regarding healthy aging will be presented during two separate sessions. For the keynote lecture, we will have the privilege to listen to Dr Ben Davies from the University of Oxford who will give a lecture about the controversial topic of germline editing.

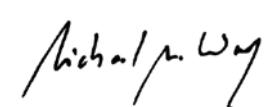
We are looking forward to seeing all of you,



Prof. Petra Stute
President SMS



Dr. Nicolas Vulliemoz
Congress President



Prof. Michael von Wolff
President SSRM

GENERAL INFORMATION

Congress venue

University Hospital, CHUV – Auditorium Mathias Mayor
Rue du Bugnon 46, 1011 Lausanne

Congress President & Local Organisation

Dr. med. Nicolas Vulliemoz (CHUV), Lausanne
Head of the Reproductive Medicine Unit

President SMS Swiss Menopause Society

Professor Petra Stute
Gynaecological endocrinology and reproductive medicine
Frauenklinik / Inselspital Bern
Friedbühlstrasse 19
3010 Bern

President SSRM Swiss Society of Reproductive Medicine

Professor Michael von Wolff
Gynaecological endocrinology and reproductive medicine
Frauenklinik / Inselspital Bern
Friedbühlstrasse 19
3010 Bern

Exhibition

An industrial exhibition is organised at the venue and will be open throughout the congress. Coffee breaks and lunch will take place within the exhibition. We would recommend a visit to each booth where new services and products are displayed, and highly thank the participating exhibitors for their support. The coffee breaks and lunch on January 16th will be served in the exhibition.

Language

Presentations are held in English or mother language of the speaker.
Slides are configured in English.
Discussion in mother language or in English.
No simultaneous translation.

Credits

Swiss Society of Obstetrics and Gynaecology (SSGO)	7 Credits
Swiss Academy of Psychomatic and Psychosocial Medicine (SAPPM) 15.01.2020 3 Credits	16.01.2020 2.5 Credits

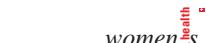
The confirmation of participation will be sent to you electronically as a pdf file within 5 days of the end of the congress.



GENERAL INFORMATION

Congress Secretariat

meeting-com Congress Organisation
Rue des Pâquis 1 • CP 100
1033 Cheseaux-sur-Lausanne
T +41 (0)21 312 92 61 • F +41 (0)21 312 92 63
anna.forster@meeting-com.ch



Online Registration

www.meeting-com.ch

Registration Fees

Congress Thursday 16.01.2020

	Early bird until 30.11.2019	Late & onsite fee from 01.12.2019
Members SSRM, SMS	<input type="checkbox"/> CHF 230.00	<input type="checkbox"/> CHF 260.00
NON-Members	<input type="checkbox"/> CHF 280.00	<input type="checkbox"/> CHF 300.00
Residents/nurses/family planning	<input type="checkbox"/> CHF 160.00	<input type="checkbox"/> CHF 190.00

Including

Certificate of attendance, access to the scientific sessions and the exhibition, link for the presentations after the congress, coffee-breaks and lunch on January 16, 2020.

SSRM-Workshop Fertiforum & SAPGG

Wednesday January 15, 2020 – limited places

Participation CHF 80.00

Congress documents & badge

The participants will get their congress documents at the welcome desk during the opening hours. Only participants with a badge will be allowed to attend the conferences and visit the exhibition. The badge is to be worn throughout the whole congress.

Payment

Upon registration a confirmation is sent by email together with the relevant invoice and the banking details for the payment. Payment by credit card is also possible.

Cancellation & conditions

In case of cancellation 30 days prior to the event, the refund of the amount paid will be done net of CHF 60.00 for administrative costs. Thereafter no refund possible. Any registration made within the «early bird» time must be paid during this period. If not the case, the invoice is automatically updated to the current price. Administrative costs will be charged to no shows. Legal jurisdiction is Lausanne.

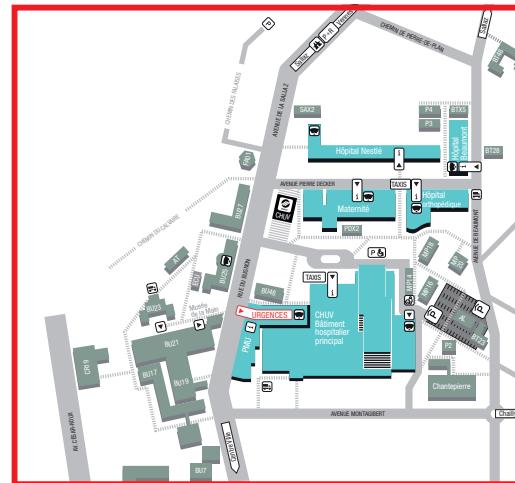
Hotel Booking

Hotel propositions on www.lausanne-tourisme.ch.
The congress office is also at disposal for any help required.

GENERAL INFORMATION

Access

If possible avoid coming by car, for the parking is quickly full and expensive.



Arrival

- By car Exit motorway « Lausanne-Vennes / Hôpitaux »
Take the « Route de Berne » at the traffic lights
Follow the CHUV boarding & « P-CHUV » for parking
The auditoire is at the entrance on your left, at the exit of the parking
- By metro (M2) From Lausanne station in direction Croisettes / Sallaz
Exit at « CHUV » station
The CHUV is on your left. The auditoire will be boarded accordingly.



- Pour le traitement des symptômes de la carence en œstrogènes consécutifs à la ménopause
- Pour la prévention de l'ostéoporose après la ménopause
- Le générique du tibolone le plus avantageux*

ADMIS PAR LES CAISSES

 GEDEON RICHTER

Marysa®: Comprimé de 2,5 mg de tibolone (tibolone). I: 1.) Traitement des symptômes de la carence en œstrogènes consécutifs à la ménopause naturelle ou artificielle (datant d'au moins un an). 2.) Pour prévenir ou retarder l'apparition de l'ostéoporose induite par une carence en œstrogènes chez les femmes ménopausées encourrant un risque élevé de fractures, chez lesquelles un traitement par d'autres médicaments autorisés pour la prévention de l'ostéoporose ne peut pas être envisagé ou chez les femmes qui souffrent en même temps de symptômes de carence en œstrogènes qui requièrent un traitement. La décision de prescrire Marysa doit, chez toutes les femmes, être précédée d'un examen individuel en ce qui concerne le risque global, le risque d'accident vasculaire cérébral doit être pris en considération, notamment chez les femmes de plus de 60 ans. II: 1 comp./jour. Le traitement ne doit pas être complété par un progestatif supplémentaire. CI: présence ou antécédents de cancer du sein, ou suspicion d'un tel cancer, présence ou suspicion de tumeurs hormono-dépendantes, hyperplasie de l'endomètre non traitée, hémorragies vaginales d'origine indéterminée, présence ou antécédents d'événements thromboemboliques veineux ou artériels, maladie thromboembolique, maladie hépatique aigüe ou antécédents de maladie hépatique, tant que les paramètres hépatiques sont augmentés, porphyrine, grossesse, allaitement, hypersensibilité connue à l'un des composants. MS: toute hémorragie vaginale anormale nécessite une exploration avant le début d'un traitement notamment pour exclure des causes malignes. En cas de saignements intermittents ou spotting pendant le traitement ou après la fin du traitement un examen gynécologique doit être effectué afin d'exclure des lésions malignes de l'endomètre. Le traitement doit être arrêté immédiatement en cas de survenue ou de suspicion d'une maladie thromboembolique veineuse ou artérielle, de la première apparition de céphalées migraines ou céphalées répétées, inhibiteurs intensives, de perte soudaine de la vision, de trouble soudain de l'audition, d'élévation significative de la pression artérielle, d'ictère, d'hépatite ou de détérioration de la fonction hépatique. Une surveillance particulière doit être assurée en cas de facteurs de risque de tumeurs œstrogène-dépendantes chez des parents du premier degré, d'antécédents personnels ou familiaux d'hypertension de l'endomètre, de léiomyomes ou d'endométriose, de facteurs de risque d'affections thromboemboliques, hypertension, migraine ou (fortes) céphalées, diabète sucré ou avec un sans atteinte vasculaire, affections hépatiques ou biliaires, lupus érythémateux disséminé, épilepsie, asthme, otoscirrose, maladies tumorales, pathologies cardiaques ou rénale, hypertriglycéridémie, en cas d'administration concomitante de l'association de principes actifs ambroxol/paracetamol/ibuprofène avec ou sans dosage fixe. Marysa n'a aucun effet contraceptif IA: les inhibiteurs du CYP3A4, le milépartide; les anticoagulants, des interactions sont possibles avec les substrats du CYP3A4. G/A: contreindiqué. Et: prise de pods, douleurs abdominales, hypertrichose, hypertrophie de l'endomètre ou épaisseissement de l'endomètre, douleurs mammaires, prurit génital, vaginites, candidose génitale, hémorragies vaginales (également du spotting), douleurs pelviennes, modifications du transit cœcocolique (y compris dysplasie), leucorrhée, vulvovaginite. Liste B. Mise à jour Mai 2017. Plus d'information sur www.swissmedicinfo.ch. Titulaire de l'autorisation: Gedeon Richter (Suisse) SA, Gewerbestrasse 5, 6330 Cham.

Wednesday, January 15, 2020

08.00	Welcome of participants	FOYER
08.30-11.30	WORKSHOP FERTIFORUM & SAPGG Workshop language is French, translations in German or English if necessary <i>Chair: Dr. Anna Raggi, Fertisuisse Basel and Olten</i>	SEMINAR 3
	Quel accompagnement psychologique proposer aux femmes lors de fausses-couches à répétition: une option ou un usage courant de soin Enquête sur les pratiques dans les centres de PMA en Suisse: que dit la littérature? Mrs Véronique Eckert, SIPE Sion; Mrs Fabienne Coquillat, Unité Psycho-Sociale CHUV-DFME, Lausanne	
10.00-10.30	Coffee break	FOYER
11.30-12.15	Board Meeting SSRM	SEMINAR 4
12.00-13.00	Snack	FOYER
12.30-14.00	FIVNAT Member Meeting	MATHIAS MAYOR
14.15-15.15	General Assembly SSRM	MATHIAS MAYOR
15.15-15.45	Coffee break	FOYER
15.45-17.15	Board Meeting SMS	SEMINAR 4
15.45-17.15	SWICE Scientific Meeting LAB meets Clinic <i>Chairs: Mrs Ana Martins, Basel; Dr. Fabien Murisier, Lausanne</i>	MATHIAS MAYOR
15.45-16.25	Ovarian stimulation and embryo selection strategies: a balance between efficacy and safety Prof. Christina Bergh, Göteborg (SE)	
16.25-16.50	Technique of Trophectoderm biopsy and aneuploidy rates. Lab and clinical Management Dr. Mary Fahy-Deshe, Zürich	
16.50-17.15	Modified natural cycles for poor responders Dr. Célia Targa, Lausanne and Geneva	
17.15	End of session	
17.15-18.15	General Assembly SMS	SEMINAR 4
17.30-18.30	SYMPOSIUM sponsored by CooperSurgical Reproductive Genetics: meaningful innovations and clinical case reports	MATHIAS MAYOR

Thursday, January 16, 2020

From 08.00	Registration	FOYER
08.50	Welcome address Dr. Nicolas Vulliemoz, Lausanne	MATHIAS MAYOR
09.00-10.00	PLENARY 1 RISKS AND SAFETY <i>Chairs: Prof. Michael von Wolff, Bern; Dr. Nicolas Vulliemoz, Lausanne</i>	MATHIAS MAYOR
09.00-09.30	Mobile phone radiofrequent electromagnetic fields (EMF) – biologic mechanism associated risks, preventive strategies Prof. Wilhelm Mosgoeller, Wien (A)	
09.30-10.00	Impact of electromagnetic handy radiation on gonads – Evidence based Prof. Michael von Wolff, Bern 15 minutes presentation, followed by a discussion with Prof. Wilhelm Mosgoeller at the audience	
10.00-10.30	Chances and risks of the new Swiss Reproductive Medicine law Prof. Christian De Geyter, Basel	
10.30-11.00	Coffee break & visit of the exhibition	EXHIBITION AREA
11.00-12.30	PLENARY 2 HEALTHY AGING – THE CHALLENGE <i>Chairs: Prof. Petra Stute, Bern; PD Dr. Dorothea Wunder, Lausanne</i>	MATHIAS MAYOR
11.00-11.25	Age-related changes of metabolism and musculoskeletal system Prof. Heike A. Bischoff-Ferrari, Zürich	
11.25-11.50	Age-related changes in cognition Prof. René Müri, Bern	
11.50-12.15	Age-related changes in female and male sexual function Dr. Sandra Fornage, Lausanne	
12.15-12.30	Discussion	
12.30-13.30	Lunch & visit of the exhibition	EXHIBITION AREA
13.30-14.00	KEYNOTE LECTURE <i>Chair: Dr. Nicolas Vulliemoz, Lausanne</i>	MATHIAS MAYOR
	The feasibility and associated risks of germline editing Dr. Ben Davies, Oxford (GB)	

Thursday, January 16, 2020

14.00-15.30	PLENARY 3 CONTRACEPTIVE NEEDS: A DIFFERENT APPROACH	MATHIAS MAYOR
	<i>Chairs: Dr. Saira-Christine Renteria, Lausanne; Dr. Ruth Draths, Sursee</i>	
14.00-14.25	I did everything right, so why am I pregnant?	Dr. Françoise Livio, Lausanne
14.25-14.50	Why Millennials need more than contraception?	Dr. Anne-Emmanuelle Ambresin, Lausanne
14.50-15.15	Is modern contraception effective enough for overweight women?	Prof. Brigitte Leeners, Zürich
15.15-15.30	Discussion	
15.30-16.00	Coffee break & visit of the exhibition	EXHIBITION AREA
16.00-17.30	PLENARY 4 HEALTHY AGING – THE SOLUTION	MATHIAS MAYOR
	<i>Chairs: Dr. Anna Raggi, Fertisuisse Basel and Olten; Dr. Maki Kashiwagi, Uster</i>	
16.00-16.10	SMS Science Prize award	
16.10-16.35	Understanding and managing menopause-related changes in musculoskeletal metabolism and hormones	Prof. Vanadin Seiffert-Klauss, München (D)
16.35-17.00	Managing age-related changes in cognition with hormones & beyond	Prof. Cordian Beyer, Aachen (D)
17.00-17.25	Managing age-related changes in female and male sexual function with hormones & beyond	PD Dr. Gideon Sartorius, Basel; Dr. Simone Göttler, Basel
17.25-17.30	Discussion	
17.30	Closing remarks & end of congress	MATHIAS MAYOR
	<i>Dr. Nicolas Vulliemoz, Lausanne</i>	

SPEAKERS / CHAIR-WO-MEN

Dr. Anne-Emmanuelle AMBRESIN Lausanne
 Prof. Cordian BEYER Aachen (D)
 Prof. Heike A. BISCHOFF-FERRARI Zürich
 Mrs Fabienne COQUILLAT Lausanne
 Dr. Ben DAVIES Oxford (GB)
 Prof. Christian DE GEYTER Basel
 Dr. Ruth DRATHS Sursee
 Mrs Véronique ECKERT Sion
 Dr. Sandra FORNAGE Lausanne
 Dr. Simone GÖTTLER Basel
 Dr. Maki KASHIWAGI Uster
 Prof. Brigitte LEENERS Zürich
 Dr. Françoise LIVIO Lausanne
 Prof. Wilhelm MOSGOELLER Wien (A)
 Prof. René MÜRI Bern
 Dr. Anna RAGGI Basel/Olten
 Dr. Saira-Christine RENTERIA Lausanne
 PD Dr. Gideon SARTORIUS Basel
 Prof. Vanadin SEIFFERT-KLAUS München (D)
 Prof. Petra STUTE Bern
 Prof. Michael VON WOLFF Bern
 Dr. Nicolas VULLIEMOZ Lausanne
 PD Dr. Dorothea WUNDER Lausanne

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RI • Wallace • LifeGlobal • CooperGenomics



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