



# PROGRAM

## 19th Women's Health Congress

**Thursday, January 11, 2024**

**Wednesday, January 10, 2024**

- Swiss Society for Reproductive Medicine – FertiSave
- Workshop FertiForum
- SWICE Scientific Meeting
- FIVNAT Member Meeting
- General Assemblies SGRM/SSMR & SGEM/SSEGM

Congress language **English**



Centre hospitalier  
universitaire vaudois

**CHUV LAUSANNE**

**Auditoire Mathias Mayor**

Rue du Bugnon 46 – 1011 LAUSANNE



**MEETING • COM**  
Congress Organisation

Online registration at **[www.meeting-com.ch](http://www.meeting-com.ch)**

## Liebe Kolleginnen, Liebe Kollegen

Die Schweizerische Gesellschaft für Gynäkologische Endokrinologie und Menopause (SGEM) und die Schweizerische Gesellschaft für Reproduktionsmedizin (SGRM) möchten Sie am 10. und 11. Januar 2024 zum 19ten Women's Health Kongress nach Lausanne einladen.

Neben den wichtigen Generalversammlungen hoffen wir Ihnen ein spannendes Programm bieten zu können und freuen uns auf eine zahlreiche Teilnahme.

### **Die Kongresssprache ist Englisch.**

Am Mittwoch finden neben den Generalversammlungen der SGRM, SGEM und FIVNAT ein SWICE und ein FertiForum Workshop statt. Der Vormittag steht ganz im Zeichen der Fertilitätsprotektion mit einem umfangreichen Workshop in dem Credits für die obligatorische Weiterbildung erworben werden können.

Als praktizierende Gynäkologin/Gynäkologe ist der Donnerstag Updates zu den neuesten Entwicklungen in gynäkologischen Endokrinologie gewidmet. Von den Basics bis zu den neu zugelassenen NK3R-Antagonisten wird das gesamte Spektrum der Menopausenmedizin abgebildet. Eine komplette Session ist der Transgynäkologie gewidmet, die aktuell eine rasante Zunahme an Konsultationsbedarf erfährt. Auch wenn Sie sich für die neuen Entwicklungen in der Kontrazeption oder die durchwegs aktuelle Thematik der Hyposexual Desire Disorder und die Anwendung von Androgenen bei Frauen interessieren, kommen Sie nicht zu kurz.

Wir freuen uns darauf, Sie im Januar zahlreich in Lausanne begrüßen zu dürfen.

Dr. Susanna Weidlinger  
Präsidentin SGEM

Dr. Anna Surbone  
Kongresspräsidentin

Dr. Michael Häberle  
Präsident SGRM

## Chères collègues, Chers collègues

La Société Suisse d'Endocrinologie gynécologique et de la Ménopause (SSEGM) et la Société Suisse de Médecine de la Reproduction (SSMR) ont le grand plaisir de vous inviter au 19<sup>e</sup> congrès Women's Health qui se tiendra à Lausanne les 10 et 11 janvier prochains.

Nous vous proposons un programme passionnant, comprenant des présentations par plusieurs experts nationaux et internationaux sur les derniers développements et avancées dans ces domaines. Le congrès sera également l'occasion de convoquer les assemblées générales des deux sociétés.

### **La langue du congrès sera l'anglais.**

**Mercredi 10 janvier**, en plus des assemblées générales de la SSMR, de la SSEGM et de FIVNAT, un atelier SWICE et de FertiForum auront lieu. La matinée sera consacrée à la « préservation de la fertilité » avec un atelier approfondi où des crédits pour la formation continue obligatoire pourront être acquis.

**Jeudi 11 janvier**, le programme sera axé sur les derniers développements en matière de médecine de la ménopause et de contraception, avec une approche pratique d'intérêt pour les médecins praticiens. Nous vous proposerons, en particulier, des présentations sur les nouveaux antagonistes NK3R, les androgènes dans la ménopause et les contraceptifs de la « nouvelle génération ». En raison de l'augmentation rapide des besoins en consultation de la « transgynécologie » ce thème fortement intéressant fera également partie du programme.

Nous nous réjouissons de vous accueillir nombreux à Lausanne en janvier 2024!

Dr. Susanna Weidlinger  
Présidente SSGEM

Dr. Anna Surbone  
Présidente du congrès

Dr. Michael Häberle  
Président SSMR

**Congress venue**

University Hospital, CHUV – Auditoire Mathias Mayor  
Rue du Bugnon 46, 1011 Lausanne

**Congress Presidents**

**President SGEM/SSEGM** Swiss Society for Gynecological Endocrinology and Menopause

Dr. Susanna Weidinger  
Specialist for gynecology and obstetrics  
Universitätsklinik für Frauenheilkunde  
Inselspital Bern  
Friedbühlstrasse 19  
3010 Bern

**President SGRM/SSMR** Swiss Society of Reproductive Medicine

Dr. Michael Häberle  
Gynecology and Obstetrics, Operative Gynecology and Obstetrics, Reproductive Medicine and Gynecological Endocrinology  
Gyn-A.R.T.  
Hardturmstrasse 130  
8005 Zürich

**Local Organisation**

Dr. Anna Surbone  
Associate doctor  
Medical head of PMA and of the units laboratory  
CHUV Maternity Hospital  
Avenue Pierre Decker 2  
1011 Lausanne

**Exhibition**

During the congress there will be an exhibition with the latest products and services of the pharmaceutical industry. We recommend all participants to visit this exhibition, the exhibiting companies contribute significantly to the financing of the congress. Coffee breaks and lunch will take place within the exhibition.

**Presentations**

The congress language is English, there is no simultaneous translation.  
The presentations and slides are in English.  
The authorized presentations will be sent to you after the congress by the two Society Secretariats.

**Hotel Booking**

You will find all available rooms under <https://www.lausanne-tourisme.ch/en/>

**Credits**

Credit points will be given by the Swiss Society of Obstetrics and Gynaecology (SGGG/SSGO)

**Certificate of attendance**

The certificate of attendance will be sent electronically after the congress

**Congress Secretariat**

meeting.com Congress Organisation  
Rue des Pâquis 1 ▪ CP 100  
CH-1033 Cheseaux-sur-Lausanne  
T +41 21 312 92 61  
E [sabine.gisler@meeting-com.ch](mailto:sabine.gisler@meeting-com.ch) ▪ [nicole.giacomini@meeting-com.ch](mailto:nicole.giacomini@meeting-com.ch)



**Online Registration**

[www.meeting-com.ch](http://www.meeting-com.ch)

**Registration fees**

**Wednesday, 10 January 2024**

**Swiss Society for Reproductive Medicine  
FertiSave – 08.30-12.30**

	<i>Early bird Until 31.10.2023</i>	<i>Late &amp; onsite fee from 01.11.2023</i>
Participant	CHF 180.00	CHF 220.00

**FERTIFORUM 10.30-12.30 / Interactive Workshop** limited to 14 persons

Language: Deutsch/Français  
Participant free of charge

**Thursday, 11 January 2024**

Members SSRM & SSGEM	CHF 250.00	CHF 290.00
NON-members	CHF 320.00	CHF 370.00
Residents/nurses/students	CHF 180.00	CHF 210.00

**Including**

Certificate of Attendance / Access to the Scientific Sessions and the Exhibition /Welcome coffee / Coffee Breaks and Snack/Lunch

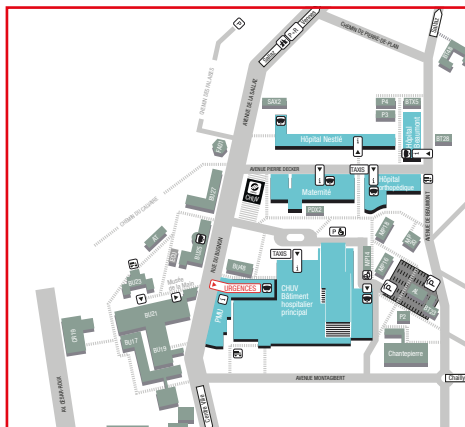
**Congress documents**

Participants will receive their congress documents during the opening hours on Wednesday and Thursday at the Congress Secretariat. Only participants with a badge may attend the conferences and visit the exhibition. The badge must be worn during the entire congress.

**Cancellation & conditions**

In case of cancellation 30 days before the congress, the refund of the amount paid will be made minus CHF 60.00 for administrative costs. After that no refund is possible.

## GENERAL INFORMATION



### Access

If possible avoid coming by car, the CHUV parking is quickly full and expensive

### Arrival

- By car Exit motorway «Lausanne-Vennes / Hôpitaux». Take the «Route de Berne» at the traffic lights. Follow the CHUV boarding & «P-CHUV» for parking. The auditoire is at the entrance on your left, at the exit of the parking.
- By metro (M2) From Lausanne station in direction of Croisettes / Sallaz. Exit at «CHUV» station. The CHUV is on your left. The auditoire will be boarded accordingly.

### Venue

Lausanne University Hospital CHUV  
Rue du Bugnon 46, 1011 Lausanne  
[www.chuv.ch](http://www.chuv.ch)

## SPEAKERS / CHAIRS

- Ms. Astrid AHLER Basel/Olten  
Ms. Ana CLAVIEN-MARTINS Biel  
Dr. Ruth DRATHS Sursee  
Dr. phil. Verena EHRBAR Basel  
Dr. Niklaus FLÜTSCH Zug  
Dr. Brigitte FREY TIRRI Liestal  
Dr. Michael HÄBERLE Zurich  
Dr. Kristine HEIDEMEYER Bern  
Dr. Maki KASHIWAGI Uster  
Dr. Ursula KÖFERL PUORGER Biel  
Prof. Brigitte LEENERS Zurich  
Dr. Ana LOURENCO GODINHO Geneva  
Prof. Gabriele MERKI Zurich  
Dr. Barbara MIJUSKOVIC Basel  
Dr. Nicola PLUCHINO Lausanne  
Dr. Anna RAGGI Basel/Olten  
Ms. Rita REDOLFI St Gallen  
Ms. Andrea SCHEIDEGGER Basel  
Prof. Vanadin SEIFERT-KLAUSS Munich (D)  
Dr. Marcel STEINMANN Lucerne  
PD Dr. Ruth STILLER Zurich  
PD Dr. Isabelle STREULI Geneva  
Prof. Petra STUTE Bern  
Dr. Anna SURBONE Lausanne  
Prof. Michael VON WOLFF Bern  
Dr. Nicolas VULLIEMOZ Lausanne  
Dr. Susanna WEIDLINGER Bern  
PD Dr. Dorothea WUNDER Fribourg  
Dr. Min XIE Zurich  
Ms. Ephia YASMIN London (UK)

Wednesday, January 10, 2024

From 08.00	Registration	FOYER MATHIAS MAYOR
<b>08.30-12.30</b>	<b>SGRM/SSMR – FertiSave</b>	AUDITOIRE MATHIAS MAYOR
	Fertility preservation for reproductive physicians, embryologists and oncologists Organisation: Dr. Nicolas Vulliemoz, Lausanne	
08.30-09.00	<b>Social freezing: the science and the needs beyond the business</b> Dr. Anna Surbone, CHUV, Lausanne	
09.00-09.30	<b>Ovarian suppression during chemotherapy, protection of the ovarian function</b> Dr. Nicolas Vulliemoz, CPMA, Lausanne	
09.30-09.50	<b>Double stimulation for fertility preservation</b> PD Dr. Isabelle Streuli, HUG, Geneva	
09.50-10.00	<b>Questions and answers</b>	
<b>10.00-10.30</b>	<b>Coffee break</b>	FOYER MATHIAS MAYOR
10.30-11.15	<b>Indications &amp; options for fertility preservation in female adults</b> Ms. Ephra Yasmin, University College London Hospital (UK)	
11.15-12.15	<b>Case discussion: fertility preservation</b> Ms. Astrid Ahler, Basel/Olten; Dr. Marcel Steinmann, Lucerne; PD Dr. Ruth Stiller, Zurich	
12.15-12.30	<b>Fertility preservation: Swiss criterias for reimbursement</b> Prof. Michael von Wolff, Inselspital, Bern	

Wednesday, January 10, 2024

	<b>PARALLEL SESSION</b>	COURSE ROOM 3
<b>10.30-12.30</b>	<b>SGRM/SSMR – FertiForum</b> <b>Interaktiver Workshop/Workshop interactif</b> Deutsch / Français <b>Herausforderungen und hilfreiche Tipps, das Thema «End of Treatment» anzusprechen</b> Perspektiven von Ärzt*innen, Patient*innen und wie die Psycholog*in dabei unterstützen kann <b>Défis et conseils utiles pour aborder le sujet de la fin du traitement</b> <i>Perspectives des médecins, des patients* et comment le psychologue* peut les soutenir</i> Dr. Anna Raggi, Basel/Olten; Dr. phil. Verena Ehrbar, Basel	
<b>12.30-13.15</b>	<b>SNACK</b>	FOYER MATHIAS MAYOR
<b>13.15-14.15</b>	<b>SGRM/SSMR – SWICE Scientific Meeting</b> Chairs: Ms. Ana Clavien-Martins, Biel; Ms. Rita Redolfi, St. Gallen	AUDITOIRE MATHIAS MAYOR
13.15-13.30	<b>Welcome address</b> Ms. Ana Clavien-Martins, Biel	
13.30-14.00	<b>Unlocking the code: Mastering the ART of IVF communication</b> Dr. Ursula Köferl Puorger, Biel; Dr. phil. Verena Ehrbar, Basel; Dr. Min Xie, Zurich	
14.00-14.15	<b>Questions and answers</b>	
<b>14.15-15.30</b>	<b>FIVNAT Member Meeting</b>	AUDITOIRE MATHIAS MAYOR
<b>15.30-16.00</b>	<b>Coffee break</b>	FOYER MATHIAS MAYOR
<b>16.00-17.30</b>	<b>General Assembly SGRM/SSMR</b>	AUDITOIRE MATHIAS MAYOR
<b>16.30-17.30</b>	<b>Board meeting SGEM/SSGEM</b>	COURSE ROOM 3
<b>17.30-18.30</b>	<b>General Assembly SGEM/SSGEM</b>	COURSE ROOM 3

Thursday, January 11, 2024

From 08.00 Registration **FOYER MATHIAS MAYOR****08.00-08.35** Welcome coffee**09.00-09.15** Welcome address **AUDITORE MATHIAS MAYOR**  
Dr. Susanna Weidlinger, Bern; Dr. Michael Häberle, Zurich;  
Dr. Anna Surbonne, Lausanne**09.15-10.30** PLENARY 1 MENOPAUSE - THE BASICS **AUDITORE MATHIAS MAYOR**  
Chairs: Dr. Susanna Weidlinger, Bern; Prof. Petra Stute, Bern09.15-09.40 Do not hesitate to start HRT – Here are the Basics  
PD Dr. Isabelle Streuli, Geneva09.40-10.00 HRT for primary prevention – Pros and Cons  
Prof. Petra Stute, Bern10.00-10.30 HRT in risk situations  
Prof. Vanadin Seifert-Klauss, Munich (D) virtual presentation  
5 minutes of discussion are included in each presentation**10.30-11.00** Coffee break & visit of the exhibition **EXHIBITION****11.00-12.15** PLENARY 2 TRANSGYNAECOLOGY **AUDITORE MATHIAS MAYOR**  
Chairs: Ms. Astrid Ahler, Basel/Olten; Dr. Susanna Weidlinger, Bern11.00-11.25 Psychological assessment and care of transgender people  
Ms. Andrea Scheidegger, Basel11.25-11.50 Practicing Transgynecology with a focus on gender affirming  
hormonal therapies  
Dr. Niklaus Flütsch, Zug11.50-12.15 Surgical procedures in transgender people, their chances of success  
and complications  
Dr. Barbara Mijuskovic, Basel  
5 minutes of discussion are included in each presentation**12.15-13.15** Lunch & visit of the exhibition **EXHIBITION**

Thursday, January 11, 2024

**13.15-13.45** SPONSORED SYMPOSIUM BY ASTELLAS  **AUDITORE MATHIAS MAYOR**  
NK3R antagonists - the new “miracle cure against menopausal hot flashes?”  
Prof. Petra Stute, Bern**13.45-15.00** PLENARY 3 **AUDITORE MATHIAS MAYOR**  
**(GYNEA/Kommission Kontrazeption): CONTRACEPTION**  
Chairs: Dr. Ruth Draths (Gynea), Sursee;  
Dr. Brigitte Frey Tirri, (Kommission Kontrazeption) Liestal13.45-14.10 The role of contraception in sexual health, women's rights,  
gender equity and sexual autonomy  
Dr. Ana Lourenço Godinho, Geneva14.10-14.35 Hormonal contraception: potential impact on mood  
Prof. Gabriele Merki, Zurich14.35-15.00 New contraceptives: Estetrol, Nomac, Drospirenone only,  
impacts on hemostasis, endocrinology and metabolism  
PD Dr. Dorothea Wunder, Fribourg  
5 minutes of discussion are included in each presentation**15.00-15.30** Coffee break & visit of the exhibition **EXHIBITION****15.30-17.15** PLENARY 4 **AUDITORE MATHIAS MAYOR**  
**CURRENT TOPICS IN GYNAECOLOGICAL ENDOCRINOLOGY**  
Chairs: Dr. Maki Kashiwagi, Uster; Dr. Anna Raggi, Basel/Olten

15.30-15.45 Award of the SGEM/SSEGM Science Prize

15.45-16.15 Libido – Quo vadis?  
Prof. Brigitte Leeners, Zurich16.15-16.45 Androgens for women: a re-appraisal  
Dr. Nicola Pluchino, Lausanne16.45-17.15 Menopause the kickoff for fading beauty?  
– Effects of menopause on skin and hair – Is hormonal therapy  
capable in preserving beauty?  
– Menopause and the influence on pre-existing skin diseases  
Dr. Susanna Weidlinger, Bern; Dr. Kristine Heidemeyer, Bern  
5 minutes of discussion are included in each presentation**17.15** Closing remarks & end of the congress  
Dr. Susanna Weidlinger, Bern; Dr. Michael Häberle, Zurich;  
Dr. Anna Surbone, Lausanne

